

Blessing for the *Shabbat* Candles

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם

Barukh Atah Adonai Eloheinu Melekh haOlam

**Blessed are You, Eternal our God,
Sovereign of the Universe**

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ

asher kid-sha'nu b'mitz-votav v'tzi-vanu

**Who sanctified us as a people through God's
commandments, and commanded us**



How to Light the *Shabbat* Candles



1) Light the *Shabbat* candles

2) Gather your family together
and take a moment to review
the week:

Who had a happy moment?

Was there something that made you feel sad?

*What is something from the week you want to
remember on Shabbat?*

3) **Get ready to bless the candles:**

- Wave your hands in a slow circular motion towards yourself over the candles three times.
- Everyone should close their eyes, or cover them with their hands.
- Say the *b'rakha* (on the back of this card).
- Take a moment to look at the beautiful lights of *Shabbat*!
- Turn to your love ones with smiles and say

Shabbat Shalom!

Give big hugs and kisses to your family!